

12-2-1999

Workplace Safety & Health Video Library, 1999

Safety Works!

Maine Department of Labor

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Workplace Safety & Health Video Library



Safety Works!

MAINE DEPARTMENT OF LABOR

Revised 12/2/99

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Safety & Health Topics

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- * We **CANNOT MAIL** videos **OUTSIDE OF THE STATE** of Maine.

TAPE # Length / Year

Hearing / Noise

NEW	10	Hearing Protection: Sounds Good to Me (CC) 14 min. / 1998
NEW	11 (2)	Hearsafe (CC) 20 min./1998± How noise affects the ear, purpose of hearing protection, comparison of hearing protection devices.
	12	Preventing Hearing Loss (CC) 11 min. / 1993

Defensive Driving

NEW	20	Defensive Driving: A Crash Course 16 min. / 1996 Defensive attitude, distractions, city driving, freeways, rural roads
NEW	21	Defensive Driving: Prepared for the Worst (CC) 18 min. / 1997 Natural forces, night driving, breakdowns, accidents, road construction, personal security
NEW	22	Driving: Risk & Responsibilities (CC) 18 min. / 1999

Hand Safety / Foot Safety

- 30 Thinking About Hands 12 min. / 1990 ±
- NEW** 31 Every Time I Look At My Hand 12 min./1995±
 Hand safety. Consequences of rushing or taking "short cuts," clothing and jewelry dangers, proper tools. Features testimony from workers who have suffered disabling injuries.
- NEW** 32 Blink and You Could Lose Your Hand 18 min./1995±
 Recounts the story of a mill worker who suffered a severe hand injury while operating a paper making machine.
- 33 Foot Safety 1990

Flagger Safety

- NEW** 41 Flagging: You're the Director (CC) 17 min. / 1994
 Flagger requirements, proper clothing/equipment, flagger position, stopping and releasing traffic.

Welding

- 50 Superwelder 17 min. / 1990 ±
- 51 Arc Welding (Procedural Training) 1995 ±
- 52 Mig Welding (Procedural Training) 1995 ±
- NEW** 53 High Impact Welding Safety (*Very Graphic) 19 min./1995±
 Flammables and combustibles in welding area, personal protective equipment.

Eye Safety

- NEW** 60 (2) Eye Protection: Why Gamble (CC) 14 min. / 1991
 Avoiding injury, protective eyewear, emergency procedures
- 61 Convincer (*Very Graphic) 1990 ±
- 62 (3) Eye Safety 1989
- NEW** 63 Eye Care, About Eye Safety 1995 ±
- NEW** 64 Using PPE for Eye Safety (CC) 7 min. / 1995

Confined Space

70	Confined Space Rescue	31 min. / 1993
71	Confined Space Atmospheric Testing	17 min. / 1993
72	Confined Space Entry Permit Required!	15 min./ 1990
73	Confined Space Hotwork	20 min. / 1993
74	Confined Space Ventilation	18 min. / 1992
75	Confined Space Safety	
76	Manholes Sewers & Vaults	12 min. /1987

Forklift Safety/Lift trucks/Pallet Movers /Carts

91	Fundamentals of Safe (Forklift) Operation	22 min. / 1991
92 (2)	Forklift Safety: Inspecting for Safety	18 min. / 1995 ±
93	Safe Operation of Forklifts	1993
95 (2)	High Impact Forklift Safety (*Very Graphic)	19 min. / 1994
97 (4)	Forklift Safety: The OSHA Regulations	1995
<div style="border: 1px solid black; padding: 2px; display: inline-block;">NEW</div> 98	Lift Trucks, Pallet Movers & Carts	18 min./1999

This video describes the safe operation of pallet jacks, carts, and two wheel dollies. It also includes safety tips on many motorized material handling devices such as pallet movers.

Lead

100	Working Safely with Lead	1990 ±
101	OSHA's Lead in Construction	45 min. / 1990 ±
<div style="border: 1px solid black; padding: 2px; display: inline-block;">NEW</div> 102	Lead: Treat It With Respect	(CC) 17 min./1993±

Good for construction / contractors. Includes information on how lead enters the body, exposure limits, personal protective equipment.

Logging Safety / Chainsaw Safety

110 (2)	Hazard: Logging Safety Program	1987
111 (2)	Put'er There (Directional Felling)	1990 ±
112	Woods Truckin' Safety: No Boss on Your Back	1990 ±

- 113 Chainsaw Maintenance & Safety 1993
- 114 (2) Mechanical Harvesting Safety 1990 ±

Stress

- 120 Danger Zone: Stress 13 min. / 1990 ±

Compressed Gases

- NEW** 130 Compressed Gases: Safe Handling (CC) 18 min. / 1995
- Flammable, non-flammable, and toxic gases. Handling, labeling, leaks and valves.

Ergonomics

PLEASE NOTE: The videos in this section apply mainly to general or industrial ergonomics or ergonomic theory. See our section on Office Ergonomics for videos that apply specifically to office settings.

- NEW** 140 Ergonomics: Your Body at Work (CC) 20 min. / 1991
- CTDs, worksite analysis, low-cost improvements, hand tools
- 145 Ergonomics for Supervisors 19 min. / 1990 ±
- 146 Carpal Tunnel Syndrome in Industry 13 min. / 1990 ±
- 147 Industrial Ergonomics 13 min. / 1990 ±
- 149 Ergonomic Health: Medical Management 1992
- 151 Ergonomic Health: Employer Management 1992
- 152 Ergonomic Health: The Employee as Manager 1992
- 154 Ergonomics: The Practical Approach 1993
- 155 Ergonomics: The Payoff 25 min. / 1995 ±
- 156 Ergonomic FIT: Full-Implementation Training (4-video set) 89 min. / 1995 ±
- 157 Ergonomic Health: Knowing the Challenge 1996
- The theory of ergonomics

Back Safety / Lifting

- NEW** 160 (4) Back Protection: Defending Your Safety Zone (CC) 19 min. / 1997
- Safe lifting, posture, exercise, injury prevention
- 161 Dealing with Manual Handling 1989
- NEW** 162 (3) Safe Lifting and Carrying 1995 ±
- Good video for general industry

163 Causes and Care of Acute Back Pain (CC) 10 min. / 1993

NEW 164 (3) Back in Shape 1995 ±
Good video for general back care, health & fitness. Doesn't pertain to lifting.

NEW 165 (2) Back Safety 1999 ±
Maine Department of Inland Fisheries and Wildlife

Air Quality / Ventilation

170 Indoor Air Quality: A Public Perspective 78 min. / 1992

171 (3) Clean Air in Classrooms 22 min. / 1994
Good Indoor Air Quality video. Not just for schools.

172 Industrial Ventilation 1995 ±

NEW 173 (3) Taking Action & Ventilation Basics 14 min. / 1998
Tools for Schools

Respirators / Respiratory Protection

NEW 189 (7) Maine Respiratory Protection: (Fit Testing) 2 hrs. / 1999
I TV Class October 12, 1999

NEW 190 Air Purifying Respirators 19 min. / 1998
When and how to use air-purifying respirators; types of respiratory hazards; effects of airborne contaminants on the body; fit-testing.

NEW 191 Respiratory Protection 10 min. / 1998

192 The Care & Use of Air Purified Respirators 13 min. / 1990 ±

193 Respirator Safety 15 min. / 1990 ±

194 Proper Care & Use of Gas Masks 19 min. / 1990 ±

Personal Protective Equipment

NEW 195 Personal Protective Equipment 1995

196 Myths About Personal Protective Equipment 9 min. / 1993

197 (2) Personal Protective Equipment: You're Covered (CC) 17 min. / 1994

198 Using Personal Protective Equipment 9 min. / 1995

NEW 199 "Real Life" Personal Protective Equipment 15 min. / 1997
Proper use of PPE, cleaning and storage, awareness and attitude.
Encourages audience participation.

Accident Investigation

200 Accident Investigation in the Workplace 21 min. / 1995 ±

Fire Safety / Fire Extinguishers

NEW 210 (3) **Getting Out Alive** (CC) 18 min./1998±
 Good public awareness video

211 (2) Portable Fire Extinguishers 14 min. / 1991

212 Identifying Fire Hazards 1989

NEW 213 **Public Assembly Fire Safety** (CC) 14 min./1998±
 Good for schools, public auditoriums, and theaters. Not recommended
 for manufacturers.

214 Fire Extinguisher Safety (CC) 11 min. / 1995 ±

NEW 215 **"Real Life" Fire Safety** (CC) 15 min. / 1998
 Very basic. Encourages audience participation.

NEW 216 **Office Fire & Evacuation** (CC) 18 min. / 1997
 This video demonstrates what to do in a fire emergency and shows personnel
 how to evacuate a building quickly and calmly. Emergency control measures
 are also discussed along with common office emergencies.

NEW 217 **Fire Awareness** (CC) 16 min. / 1999
 This video is designed to introduce employees to the basic fire principles and
 the principals of extinguishment. It demonstrates the importance of good
 fire prevention.

NEW 218 **Stop It Burning** (CC) 15 min. / 1999
 This video shows the basic principles of fire and fire extinguishment. It
 describes the basic types of fire, extinguisher agents and methods of
 extinguishment.

Crane Safety / Sling Safety

220 Crane & Sling Safety 1995 ±

221 Radio Controlled Crane Safety 15 min. / 1990

222 (2) Overhead Cranes: Safe Operation 18 min. / 1995 ±

223 (2) Inspection, Care and Storage of Slings 1994

224 Crane Safety 14 min. / 1995

Trenching / Excavation

234 (2) Cave-in: Trenching & Shoring Safety 18 min. / 1994

236 Trenching & Shoring Safety 13 min. / 1992

Carbon Monoxide

- 270 Safety & Health Factors for Working with Carbon Monoxide 1990 ±

Kitchen Safety / Restaurant Safety

- 280 (2) Kitchen Safety (Safetycare video) 1995 ±

- 282 Kitchen Safety (Long Island Productions) 13 min. / 1995

- NEW** 283 Kitchen Care (CC) 18 min./1997

This video covers kitchen worker concerns from receiving food deliveries to serving in the dining room. Personal responsibility and teamwork in the kitchen is shown as a strong part of overall safety.

Fall Protection / Ladder Safety / Scaffold Safety

- 290 How to Prevent Falls 12 min. / 1992

- 291 (2) Slips, Trips & Falls 1988

- 292 Scaffold Safety 7 min.

- 293 High Impact Fall Prevention (*Very Graphic) 19 min. / 1997

- 294 (3) Fall Prevention: Ladder Safety 21 min. / 1995 ±

- NEW** 295 (2) Scaffolds: Safety at All Levels (CC) 18 min. / 1997

Role of the competent person, assembly, inspection, fall protection

- 296 Ladder Safety 1994

- NEW** 297 High Impact Fall Prevention (*Very Graphic) (CC) 19 min. / 1999

Shows 10 accidents which will remind all of us about short cuts and other common safety mistakes that lead to death and injuries. Topics include:

Ladder safety, Improper use of forklifts, Housekeeping, Aerial lifts, Harnesses, Proper footwear, Recognizing hazards.

Injury Management / Workers' Comp. / OSHA Recordkeeping

- 301 General Principles of Occupational Injury Management 1991

- 302 Workers' Compensation: Managing the Claim 1993

- 303 (3) OSHA Recordkeeping 75 min. / 1991

- NEW** 304 OSHA Recordkeeping: Keep It Simple (CC) 20 min. / 1996

OSHA forms, injuries vs. illnesses, cases not to record

Rigging

- 311 Rigging Equipment: Inspecting For Safety 15 min. / 1990 ±

Office Safety / Office Ergonomics / Video Display Terminals

350	Video Display Terminals	13 min. / 1990 ±
351 (2)	Video Terminal Ergonomics	1993 ±
352	Safety in the Office	1995 ±
354	Safety in the Office (Safety Pays series)	1992
355	Office Ergonomics	15 min. / 1993
356 (2)	Working with Display Screen Equipment	1993
357	Ergonomics Strategies for Computer Users (3-tape set)	1995 ±
<div style="border: 1px solid black; padding: 2px; display: inline-block;">NEW</div> 358 (2)	Video Display Terminals: The Battle for Comfort (CC) Ergo principles, keyboards, eye strain, relaxation, workstation analysis	21 min. / 1996

MSDS / Hazard Communication / Chemicals

361	MSDS: Read It Before You Need It	20 min. / 1993
	Product information; exposure situations; hazard prevention and PPE; toxicology, ecology and disposal.	
363	The OSHA Hazard Communication Standard	15 min. / 1994
364 (2)	Hazard Communication: The Road to Safety	16 min. / 1995
	Identifying potential hazards, warning labels, Material Safety Data Sheets	
365	Right to Know: Office Setting (Chemicals, Labeling, MSDS)	9 min. / 1996
366	Hazard Communication	5 min. / 1995 ±
367	Right to Know Training	1995 ±
368	Chemical Hygiene Plan (Mod. I): What It Means to You	12 min. / 1990
	(Lab Specific)	
369	Chemical Hygiene Plan (Mod. II): Keeping You Safe & Healthy	24 min. / 1990
	(Lab Specific)	
370	Chemical Hygiene Plan (Mod. III): Putting It All Together	17 min. / 1990
	(Lab Specific)	
371 (4)	Chemistry Lesson: Working Safely With Hazardous Materials	20 min. / 1992
373	Agricultural Chemicals: The Right to Know	1995 ±

Machinery & Tools

380 (3)	A Safe Harvest (Potato Harvesting Machinery)	1995 ±
381	Working Safely With Machinery	12 min. / 1993
NEW 383 (2)	High Impact Metal Working Safety (*Very Graphic) Machine actions and hazards, maintaining mental concentration, personal protective equipment. (Video applies to <u>all</u> machines - not just metal working machines.)	19 min. / 1996
384	Machine Shop Safety	20 min. / 1996
385 (2)	Equipment and Machine Guarding	1996
400	Power & Hand Tool Safety	20 min. / 1990 ±
402	Hand Tools	1990 ±
403	Safe & Effective Grinding	20 min. / 1990 ±

Temperature / Weather

410	Cold Weather Safety	12 min. / 1995 ±
411	Winter Safety	(CC) 14 min. / 1993
412	Beat the Heat: Preventing & Treating Heat Disorders	(CC) 17 min. / 1995
413	Heat Stress	16 min. / 1988

Rim Wheel Safety

420	An Introduction to Rim/Wheel Inspection & Cleaning	15 min. / 1992
421	WHD-8 Installation & Maintenance	11 min. / 1992
422	You May Not Get a Second Chance	1992
423	Reasons Behind the OSHA Rules	5 min. / 1992

Manbaskets

430	Manbaskets	1990
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General Safety / Safety Awareness/Hazard Assessment

- | | |
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| 440 | The Dirty Dozen: OSHA's Top 12 Violations (CC) 16 min. / 1993
Most common OSHA violations, supervisor responsibility, employee training. |
| 441 | Communicating for Safety 11 min. / 1992 |
| 442 | The Case for Safety 12 min. / 1992 |
| 443 | Safety & Security 9 min. / 1992 |
| 444 | 25 Most Commonly Cited OSHA Violations 1995 |
| 445 | Safety Signs 12 min. / 1993 |
| 446 | Pro-Active Safety: The Total Quality Approach 17 min. / 1993 |
| 447 | Process Safety Management: It's Just Good Business 32 min. / 1995 ± |
| 448 | Safety Awareness 1992 |
| 449 | Recognition, Evaluation & Control of Hazards 1991 |
| 450 | Pre-Job Safety Checklist (CC) 9 min. / 1993 |
| 451 | How to Develop an Effective Safety Program 20 min. / 1995 |
| 452 | Safety Committees: The Real Story 12 min. / 1995 |
| <div style="border: 1px solid black; padding: 2px; display: inline-block;">NEW</div> | 453 It Only Takes a Second (*Very Graphic) (CC) 5 min./1998±
General safety awareness. |
| 454 | Health & Safety Orientation 24 min. / 1995 ± |
| 455 | Safety and the Human Factor 1993 |
| <div style="border: 1px solid black; padding: 2px; display: inline-block;">NEW</div> | 456 The Safety Deck (CC) 26 min. / 1998
Covers 13 safety topics: chemical spills, fire protection, confined spaces, emergency plans, p.p.e., hazardous waste, lockout-tagout, safe lifting, housekeeping, signs and labels, chemical handling, hearing protection and respirators. |
| <div style="border: 1px solid black; padding: 2px; display: inline-block;">NEW</div> | 457 Some Mistakes Last Forever (*Very Graphic) 18 min. / 1992
Attention-grabber! Features a reenactment of a graphic accident. |

- NEW** 458 (2) **High Impact Safety Awareness (*Very Graphic)** 18 min. / 1996
 This video describes the importance of the 3 rules of personal protection.
 1) Always take responsibility for your personal safety
 2) Never attempt to perform any task unless you have been trained & authorized
 3) Always follow job procedures and company rules
- NEW** 459 **Task Exposure Analysis** 19min. / 1999
Beginning the Pro-Active Safety Process
 This program helps supervisors and employees predict where an incident could become a hazard and developing into an accident. It describes how to perform a Job Task Analysis, preparing for the Job Task Analysis, and how to develop a four part plan.
- NEW** 601 **Pro Active Safety (The Self Inspection)** 15 min. / 1999
 This program instructs employees how to stay safe and healthy by showing them how to keep an eye out for danger signals on the job. The video explains what a Job Task Analysis is & how to perform a self-inspection.
- NEW** 602 **PPE Hazard Assessment** 12 min. / 1999
 This video will assist you and your employees by identifying potential hazards before they happen. This is done by illustrating how to conduct a hazard assessment survey. This video explains the guidelines for supplying personal protective equipment, and the four essential steps for compliance.
- NEW** 603 **Communication Safety** 13 min./1999
 This video explains various ways to communicate safety to staff and management.
- NEW** 604 **Quality & Safety: Giving You the Edge** 13 min./1999
 This video stresses the close and important link between quality and safety.
- NEW** 605 **"Remember Charlie"** 56 min.
 Deeply moving portrayal of the devastating real-life consequences of the abuse of safety procedures. Motivates audiences to handle all aspects of their lives with greater awareness and appreciation of safety.
- NEW** 606 **High Impact - Will You Be Here Tomorrow (*Very Graphic). . . (CC)** 19 min./1999
 This is a video tape that will get every ones attention, as it pertains to safety. It shows various accidents which are common in the workplace. It stresses the importance of safety.
- Maintenance Safety**
- NEW** 600 **High Impact Maintenance Safety (*Very Graphic)** 19 min. / 1995
 Safety attitudes, ladder safety, welding & cutting, gas cylinders, personal fall protection, lockout-tagout.

Bloodborne Pathogens

464	Universal Precautions	40 min. / 1989
466 (8)	Bloodborne Pathogens: Protect Yourself	15 min. / 1992
	General Industry Video. Good for anyone.	
467	Bloodborne Diseases	15 min. / 1990 ±
	Good for general audience.	
468	Is It Worth the Risk? (For Hospital Workers)	1990 ±
473	As It Should Be Done: Workplace Precautions Against	24 min. / 1990 ±
474	Hepatitis B: The Hidden Danger (For EMS)	14 min. / 1990 ±
475	Hidden Dangers: HBV and the Healthcare Worker	1992
476	Universal Precautions (For Schools & Daycare Centers)	1993
478	Serious Infections Don't Have to Come With Your Job	14 min. / 1991
	For Emergency Responders	
479	Bloodborne Pathogens Training Video (For Schools)	(CC) 1994

Medical Emergencies

480	Medical Emergencies in the Workplace I:	13 min. / 1992
	Life Sustaining Response	
481	Medical Emergencies in the Workplace II:	17 min. / 1992
	Emergency First Response	

Head Injury

490	Preventing Head Injury	11 min. / 1992
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Tuberculosis

500	Tuberculosis -- Long-term Care Facilities	1995 ±
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Medication

510	Medication and Safety	13 min. / 1993
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Mine Safety & Health Association

526	Gravel Pits (Good Berms Save Lives)	14 min.
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Miscellaneous

- 530 New Hire Orientation (Construction Series) 1995 ±
531 Implementing Self-Directed Work Teams (3-tape set) 3 hrs. / 1992
532 Chicken Soup for the Soul (On Self-esteem; 4-tape set) 1996

Violence

- 520 Watch Out for Assault: Staying Safe and Secure 13 min. / 1993
521 Violence in the Workplace (OSHA) 18 min. / 1995 ±
522 A Fighting Chance: Self-defense Strategies for Women 72 min. / 1993
523 (2) Dying to Work: Violence in the Workplace (For Employers) 43 min. / 1995

Evacuation

- 540 Emergency Evacuation Procedures 9 min. / 1993

Spanish Videos

- | | | |
|---------------------------|-----|--|
| <div><div>NEW</div></div> | 550 | Bloodborne Pathogens for Non-Healthcare Workers 12 min. / 1993 |
| <div><div>NEW</div></div> | 551 | Eye Protection: Why Gamble 14 min. / 1991 |
| <div><div>NEW</div></div> | 552 | Hazard Communication: The Road to Safety 16 min. / 1995 |
| <div><div>NEW</div></div> | 553 | Heat Stress 16 min. / 1988 |
| <div><div>NEW</div></div> | 554 | Back Protection: Defending Your Safety Zone (Spanish) 19 min. / 1997 |

Young Worker Safety

- | | | |
|---------------------------|----------|---|
| <div><div>NEW</div></div> | 560 | Your Work: Keepin' It Safe 12 min./1995± |
| <div><div>NEW</div></div> | 561 (10) | Teens at Work: Starting Safely 12 min. / 1998 |

Produced by students at Capital Area Technical Center, Augusta, ME

Groundskeeping

- NEW** 570 **Groundskeeping Safety: Be a Pro** (CC) 17 min. / 1996
 Personal protective equipment, tractors, riding and push mowers, trim
 and brush cutting equipment, blowers, hazardous materials.

Electrical Safety / Lockout Tagout

- 580 Electrical Lockout 27 min. / 1990 ±
- NEW** 581 **Lockout for Life** 21 min. / 1992
 Includes review of procedures and re-enactments of actual incidents
- 582 High Impact Lockout Tagout Safety (*Very Graphic) 19 min. / 1996
- 583 Lockout Tagout: Control of Hazardous Energy Sources 1990
- 584 Lockout Procedure 1989
- NEW** 585 **Lockout Tagout: When Everyone Knows** (CC) 17 min./1998±
 Contains accident re-enactments and wrong way / right way scenarios.
- 587 Power Line Safety Essentials for Contractors 23 min. / 1995
- 588 Lockout / Tagout of Energy Sources (CC) 27 min. / 1989
- 589 Basic Electrical Safety on the Jobsite 10 min. / 1995 ±
- NEW** 590 **High Impact Electrical Safety (*Very Graphic)** 19 min. / 1993
 Features 10 dramatic electrical accidents.
- NEW** 591 **High Impact Lockout/Tagout Safety (*Very Graphic)** (CC) 19 min. / 1999
 Shows the Lockout/Tagout procedures and the causes of 6 accidents.
 The tape will make believers out of your people.

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